

| ACTIVITY | SUPPORTED COURSES | | |
|------------------------|---|--|--|
| First Aid | 2 day REC/Outdoor First Aid course | | |
| Climbing | Training & Assessment | | |
| Walking/Mountaineering | Training & Assessment Lowland Leader Hill and Moorland Leader Mountain Leader | | |
| Caving | LCMLA Level 1 & 2 awards | | |
| Sailing | Powerboat Level 2 RYA First Aid Marine Radio Short Range Certificate course (VHF) Dinghy Instructor Pre-entry assessment Safety Boat | | |
| Wind/Wing Surfing | RYA Start Windsurf Instructor RYA Wingsurfing Instructor RYA Wingfoling Instructor | | |
| Kayaking / Canoeing | See all British Canoeing Paddling courses table below | | |
| SUP | PROVIDER: BRITISH CANOEING SUP Coastal Leader SUP Inland Open Water Leader SUP Sheltered Water Coach SUP Open Water Coach (Moderate Water) SUP White Water Coach (Moderate Water) SUP Race Coach (Moderate Water) | | |
| Surfing | ISA Surf Level 1 Instructor Course ISA Surf Level 2 Coaching Course | | |
| Surf Lifesaving | SLSGB Surf Lifeguard Course SLSGB Surf Coach Safety & Rescue Course | | |
| Rowing | British Rowing Session Coach British Rowing Club Coach Powerboat Level 2 Marine Radio Short Range Certificate course (VHF) | | |
| Biking | PROVIDER: BRITISH CYCLING Ride Leadership Award Level 1 – ADAPTIVE CLUBS ONLY Fun MBL (Leadership course) Level 2 Mountain Bike Leadership Award Level 1 Award in Coaching Cycling | | |

Supported Courses List



| | Level 2 Award in Coaching Cycling | | | |
|---------------------|---|--|--|--|
| | Level 2 Award in Coaching Discipline specific - MTB | | | |
| | Level 2 Award in Coaching Discipline specific - Cyclo Cross | | | |
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| | PROVIDER: MIAS | | | |
| | MIAS Mountain Bike Leader Level One (MBL1) | | | |
| | MIAS Mountain Bike Leader Level Two (MBL2) | | | |
| Running | Leader in Running Fitness | | | |
| | Coach in Running Fitness | | | |
| Orienteering | Introduction to Coaching Workshop | | | |
| | Level 2 Certificate in Coaching Orienteering | | | |
| Open Water Swimming | STA: Open Water Swimming Coaching | | | |
| | STA: Open Water Safety Course | | | |
| Snowsports | Ski Foundation Instructor (L1) | | | |
| | Ski Instructor (L2) | | | |
| | Park & Pipe Foundation Performance Coach (Ski) L1 | | | |
| | Snowboard Foundation Instructor (L1) | | | |
| | Snowboard Instructor (L2) | | | |
| | Park & Pipe Foundation Performance Coach (Snowboard) L1 | | | |

SUPPORTED PADDLING COURSES



| SAFETY | LEADERSHIP | COACHING |
|---|--|---|
| FSRT (1 day) | Paddlesport Instructor | Core Coach Course (2 days) |
| PSRC – Paddlesport Safety and Rescue (1 day) | Paddlesport Leader Training | Discipline Specific Coach Award Training course (2 days) Coach Award Level 2 Become a qualified paddlesports coach (britishcanoeingawarding.org.uk) |
| Surf Kayak Safety and Rescue (1 day) | Paddlesport Leader Assessment | Discipline Specific Coach Award Assessment course (1day) |
| Inland Open Water Safety and Rescue (1 day) | Paddlesport Touring Leader Training | |
| Introduction to White Water Safety course (1 day) | Paddlesport Touring Leader Assessment | |
| White Water Safety Course (2 days) | Canoe Open Water Leader Training | |
| WWSR (2 days) | Canoe Open Water Leader Assessment | |
| Coastal Navigation (1 day) | Canoe White Water Leader Training | |
| Open Water Navigation (1 day) | Canoe White Water Leader Assessment | |
| | Sea Kayak Leader Training | |
| | Sea Kayak Leader Assessment | |
| | Whitewater Leader Training | |
| | Whitewater Leader Assessment | |
| | SUP Coastal Leader | |
| | SUP Inland Open Water Leader | |