

Outdoor Activity Delivery Partners



AN COM-PÀIRTEACHAS A-MUIGH

EÒLAS ● GABH TLACHD ● COILEANAD ● CÒMHLA



EXPERIENCE ● ENJOY ● ACHIEVE ● TOGETHER

THE OUTDOOR PARTNERSHIP

Leadership Education Adventure Programme

L.E.A.P 2026



EMPLOYABILITY AND LEADERSHIP PROGRAMME

PURPOSE AND AIMS

Within Ayrshire the outdoor industry has a wide range of exciting employment opportunities including instructing outdoor activities, looking after our extensive parks and countryside, and utilising the outdoors to improve physical and mental wellbeing, to name a few.



This project has been developed to support parents, unemployed people as well as other members of the community, such as senior pupils with flexible timings which helps with school curriculum work and other commitments. The course will run between the hours of (9:30am – 3:30pm) approximately.



The project's key aims are to improve the employability of participants through gaining a range of industry standard awards and qualifications, increasing experience and confidence in the outdoors, and developing a variety of key skills including leadership, coaching and communication which can be transferable across various areas of work. Throughout the project participants will be supported and mentored by The Outdoor Partnership, Ayrshire and Dolphin House Outdoor Instructors to provide them with advice and feedback.

To best meet the needs of participants the programme will primarily be delivered from Dolphin House Outdoor Education Centre providing a stunning coastal location with access to the vibrant Culzean Country Park. The Ayrshire hills, lochs and glens in and around Loch Doon will also be used for training to support participants to relax and develop in a familiar positive learning environment.

Dolphin House will provide transport, access to specialist equipment and resources in addition to mentoring for participants. The programme will be supported by The Outdoor Partnership, Ayrshire who will act as a programme liaison, development, evaluation and coordination.

Ocean Sailing Scotland delivers the sailing programme and Adventure Carrick delivers additional specialist outdoor activities. Ayrshire Climbing Centre is also a provider.





Qualifications & Activities

Each cohort has space for 12 participants.

Mountain Training: Hill Skills Course – 2 Day Course

Hill Skills course is a great way to learn more about hiking in the hills, including essentials such as leadership, teamwork, navigation and map reading, compass techniques and how to plan a great route.

British Canoeing: Paddle Start & Paddle Discover Awards

Paddle Start & Paddle Discover Awards focus on learning the basics of paddle sports including safety, technique and having fun. The Awards also give the chance to visit and discover new local paddling locations on local lochs and rivers.

Level 1 Bike Maintenance

Learn the basics of becoming a cycle mechanic. This course will get you started with great detail, great workshop practices and an industry standard level of knowledge.

First Aid Qualification

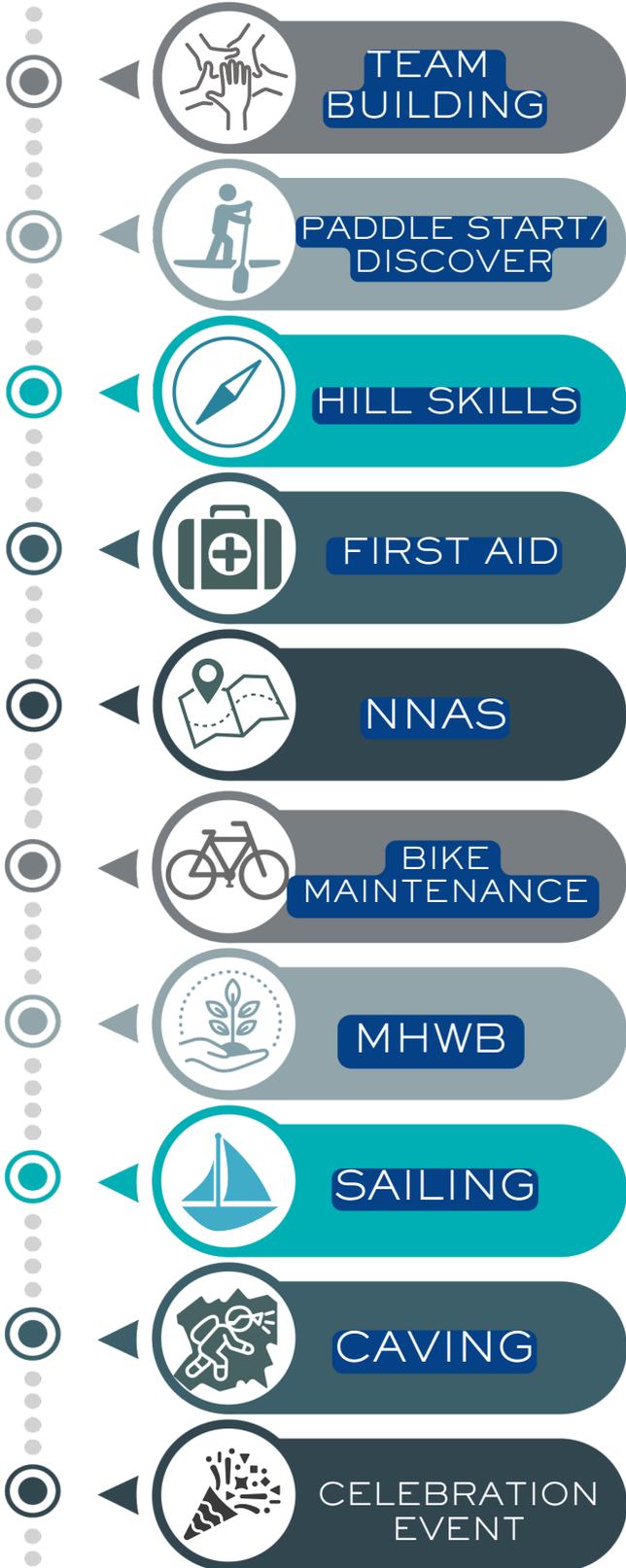
The Award in First Aid at Work at SCQF level 6 will develop knowledge and skills required to deal with a range of first aid situations in the outdoors. The award is a pre-requisite for wide range of National Governing Body qualifications.

Taster Sessions

Taster sessions delivered by qualified and experienced outdoor instructors will give participants the chance to learn teaching techniques and approaches across a range of outdoor activities. The activities will also give participants the opportunity to overcome their own fears, build resilience, confidence and trust whilst promoting the concepts of 'challenge through choice' and exploration. One session will include a day sailing at Inverkip, with the rest located at Dolphin House, including a Mental Health & Wellbeing session,

National Navigation Award Scheme

NNAS is designed to develop essential map reading skills in all levels through its three levels; Bronze, Silver and Gold. This course will enhance your ability to navigate confidently using maps, compasses and natural features, promoting self-sufficiency and safety in outdoor environments.





CELEBRATION EVENT

A celebration event will give the participants the chance to put their new skills into practice when we invite family members or friends for an action-packed day of activities. All activities will be co-delivered by participants and outdoor instructors.

ADVENTURE PROGRAMME

Below a typical programme, however sessional variations can be made and different providers can be used.

Week	Activity	Provider
1	Introduction Session - Team Building & Caving	Dolphin House/The Outdoor Partnership
2	Paddle Start/Discover	British Canoeing Association
3	Bike Maintenance & Cycle	Dolphin House
4	Sailing on Firth of Clyde	The Outdoor Partnership
5/6	First Aid (2 Day)	Amalgamate
7/8	Hill Skills (2 Day)	Mountain Training
9	NNAS	Dolphin House
10	MHWB	Dolphin House
11	Celebration Event	Dolphin House/The Outdoor Partnership



LEGACY & VOCATIONAL OPPORTUNITIES

An employability Fayre will give participants the opportunity to meet and hear from local employers and Outdoor Education providers, as well as explore other pathways to employment in the outdoor sector including further education. The event will also include a presentation from a motivational speaker.

The need for a Pathways to Employment programme has been identified within Ayrshire among unemployed people, senior school pupils and local outdoor club volunteers. Cooperation and joint working opportunities range from local employers and partners including Adventure Carrick, The Outdoor Partnership, National Trust for Scotland, and Troon Watersports Hub.

Within Ayrshire opportunities and individually tailored support programmes are available for newly experienced and qualified individuals to apply for full-time, part-time, and casual employment and gain further experience through volunteering with projects such as Duke of Edinburgh's Award expeditions and health walks.



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